



Facilitation Guide

Climate Emergency Planning

How Can We Prepare Our Families for Extreme Weather Events?

This facilitation guide is designed to inform and prepare households for extreme weather events caused by climate change through discussion and experience-sharing with community members. Climate change brings with it a wide range of long-term everyday stressors as well as more frequent and more intense extreme weather events; we hope that this workshop serves as a helpful step in your climate emergency planning as a household and with your larger community. If you are based in the Twin Cities, contact Natalya (narevalo@ceed.org) to pick up a CEED Weather Emergency Pack with supplies needed to be prepared for weather emergencies. If you are further away, many of the materials can be found at your local hardware store.

Materials Needed

- Paper
- Markers
- Tape

CEED resources to download and print

- [Signs of Extreme Weather Dangers and What to Do](#)
- [How to Make a Family and Community Emergency Plan](#)
- [Build Your Home Emergency Kit](#)

Materials included in CEED's Weather Emergency Pack

- First Aid kit
- Matches

- Dust masks
- Hand warmers
- Duct tape
- Hand sanitizer
- Emergency blanket
- Trash bags/plastic bags
- Toilet paper roll
- Tough work/garden gloves
- Battery pack
- Handheld AM/FM weather radio
- Power stick with light
- Flashlight

Facilitation Steps

A. Introduction: Who are we? Who's all here (name/neighborhood)? Goals for today [10 min]

B. Local impacts of climate change [20 min]

1. Have participants grab a chair and make a large group circle. Using guiding questions, prompt participants to consider *what* climate change is to them, referencing [weather emergencies, or the effects of climate change, in] their local communities:
 - a. What do you think of when you hear the words "Climate Change"?
 - b. How do you believe climate change affects the world?
 - c. How do you believe climate change affects your state? Your neighborhood?
 - d. How does climate change relate to weather emergencies?
 - e. Where do you live? (e.g urban city, rural town, family-filled neighborhood)
 - f. Where do you hear stories of weather emergencies?
 - i. What do these stories consist of?
 - ii. Could this happen in your state? Your neighborhood?
 - iii. What kinds of weather emergencies have you experienced directly?
 - iv. Is your community prepared to face a weather emergency? (e.g a large community space for shelter)
 - v. Are you prepared to face a weather emergency?

C. Weather emergency preparedness [25 min]

1. While still gathered in a large group circle, hand out items from the Weather Emergency Pack to each participant. Go around the circle and have each participant share what they have. Ask them if they know what it's for/how they may use it in a weather emergency, and to demonstrate if able. If they are not sure, direct the question to the larger group.
2. Using guiding questions, encourage participants to grow their Weather Emergency Pack

contents with culturally relevant items. Together, engage in community led recommendation-sharing:

- a. Are there items missing from this Weather Emergency Pack that you will include in your [own] pack? (i.e a mother once requested coconut oil, as something that can be used for cooking, hair care, moisturizer, and more)
 - i. Where could we find these items?
 - ii. What are the costs?
- b. Who makes up your household? (e.g children, pets, elders)
 - i. What specific items do your household members need?
- c. Are there any traditional or cultural practices that you believe would be useful in the case of a weather emergency?

D. Community planning needs [15 min]

1. Emphasize to participants that as community members, they are in many ways, first responders – to their households, their neighbors. Encourage them to think about how they would act in the case of a weather emergency. Use guiding questions to get them started:
 - a. What roles will each household member play in the case of a weather emergency? Why? (i.e a family once shared that their teenage son was the “runner”, he ran to the store for supplies, ran to the neighbors to check on them, etc.)
 - b. Where would you go during a weather emergency?
 - i. What would be the *best* place to go?
 - ii. Do you have access to the best/safest place? Why or why not?
 - c. What does your neighborhood need to help your household deal with weather emergencies as they get more frequent as a result of climate change?
 - i. Who has control over these needs, changes, wishes?

E. Reflections & Closing [10 min]

1. Wrap-up; what did participants learn? What will they be sharing with community members? What remains unanswered?
2. Share relevant city planning efforts around weather emergency preparedness, if any.
3. Thank participants for their time and participation; we hope that they learned something new and are energized to continue conversations like today's.
4. Distribute Weather Emergency Packs and Weather Emergency Preparedness info graphics.